

Valentine's Day Toasted Coconut Doughnuts

Yield: 6 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-mother-s-day-brunch-recipe>

Ingredients:

- 1 Flax egg
- 1/3 cup coconut sugar or organic cane sugar
- 1 cup all-purpose gluten-free flour regular flour, or whole wheat pastry flour
- 1 teaspoon baking powder
- 1 pinch salt
- 2 tablespoons coconut oil melted
- 1/2 cup full fat coconut milk
- 1 teaspoon vanilla extract
- 1 teaspoon almond extract
- 1 can full fat coconut milk
- 2 tablespoons maple syrup
- 1 teaspoon essence coconut
- 1 cup toasted coconut shreds

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 40 milligrams
4. Fat: 35 grams
5. Fiber: 4 grams
6. Protein: 7 grams
7. SaturatedFat: 30 grams
8. Sodium: 220 milligrams
9. Sugar: 17 grams

Thank you for visiting our website. Hope you enjoy Valentine's Day Toasted Coconut Doughnuts above. You can see more 19+ vegan mother's day brunch recipe Get cooking and enjoy! to get more great cooking ideas.