

# Homemade Mexican Hot Chocolate Mix

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-mexican-hot-chocolate-mix-recipe>

## Ingredients:

- 3 1/2 cups coconut palm sugar optional, sucanat or granulated date sugar, or other dry natural sweetener of choice equivalent to 3 1/2...
- 2 1/4 cups unsweetened cocoa powder
- 3 teaspoons ground cinnamon or Mexican cinnamon, canela
- 1 teaspoon salt
- 1/4 teaspoon cayenne pepper optional

## Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 154 grams
3. Fat: 7 grams
4. Fiber: 17 grams
5. Protein: 10 grams
6. SaturatedFat: 4 grams
7. Sodium: 640 milligrams
8. Sugar: 124 grams

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