

# Gluten-Free Vegan Mexican Chocolate Pudding

Yield: 4 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-mexican-chocolate-pudding-recipe>

## Ingredients:

- 3 tablespoons sugar
- 2 tablespoons cornstarch or tapioca starch
- 2 teaspoons canela
- 1/2 teaspoon cayenne pepper
- 2 cups dairy-free milk cold
- 3/4 cup chips Enjoy Life Foods semi-sweet mini, or dark morsels
- 1 teaspoon vanilla extract

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 35 grams
3. Fat: 15 grams
4. Fiber: 2 grams
5. Protein: 6 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 240 milligrams
8. Sugar: 13 grams

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