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Vegan Italian Ricotta

Yield: 7 min Total Time: 110 min

Recipe from: https://www.recipeschoose.com/recipes/vegan-italian-recipe-ingredients

Ingredients:

- 1/4 gallon unsweetened soy milk 1 litres
- 3 tablespoons apple cider vinegar or lemon juice

Nutrition:

- 1. Calories: 45 calories
- 2. Carbohydrate: 3 grams
- 3. Fat: 3 grams
- 4. Fiber: 1 grams
- 5. Protein: 4 grams
- 6. Sodium: 50 milligrams

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