

Chickpea and Butternut Squash Curry

Yield: 7 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-indian-coconut-curry-recipe>

Ingredients:

- 1 tablespoon oil
- onions chopped-2 medium
- 4 clove
- cilantro chopped, stalks and leaves separated, stalks reserved- 1 bunch
- butternut squash diced- 1 medium
- 1 can chickpeas
- korma paste
- curry paste
- 1 can coconut milk
- 1 cup water
- 100 grams spinach
- 1/2 cup frozen peas
- coconut Desiccated unsweetened, optional- 2 tbsp.
- salt to taste
- 2 cups basmati rice

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 65 grams
3. Fat: 19 grams
4. Fiber: 6 grams
5. Protein: 9 grams
6. SaturatedFat: 14 grams
7. Sodium: 340 milligrams
8. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Chickpea and Butternut Squash Curry above. You can see more 20 vegan indian coconut curry recipe Get ready to indulge! to get more great cooking ideas.