

# Vegan Holiday Brownies

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-holiday-recipe>

## Ingredients:

- 1 cup canned pumpkin
- 1/2 cup sugar or you can sub for Stevia or Maple Syrup for a sugar alternative
- 1/4 cup coconut oil softened
- 3/4 cup all purpose unbleached flour
- 1 teaspoon vanilla extract
- 1 tablespoon cornstarch or arrowroot
- 1/4 cup dark cocoa powder
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 53 grams
3. Fat: 14 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. SaturatedFat: 12 grams
7. Sodium: 460 milligrams
8. Sugar: 27 grams

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