

Vegan Eggnog

Yield: 3 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-holiday-nog-recipe>

Ingredients:

- 2 cups Silk Unsweetened Cashewmilk homemade cashew milk or other non-dairy milk of your choice
- 1/2 cup full fat coconut milk
- 1/3 cup raw cashews soaked for at least 30 minutes, optional*
- 6 medjool dates
- 1 teaspoon vanilla extract
- 1 teaspoon ground nutmeg freshly
- 1 pinch ground cinnamon
- 1 pinch ground cloves
- 1 pinch sea salt

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 19 grams
3. Fat: 17 grams
4. Fiber: 3 grams
5. Protein: 4 grams
6. SaturatedFat: 10 grams
7. Sodium: 105 milligrams
8. Sugar: 12 grams

Thank you for visiting our website. Hope you enjoy Vegan Eggnog above. You can see more 16 vegan holiday nog recipe Cook up something special! to get more great cooking ideas.