

Grilled Bok Choy with Sweet Soy Glaze

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-chinese-bbq-pork-recipe>

Ingredients:

- 1/2 cup soy sauce
- 1 cup sake
- 1 cup sugar
- 1 inch ginger knob, roughly sliced
- 2 garlic cloves roughly sliced
- 2 scallions roughly chopped
- 2 pounds baby bok choy rinsed, dried, and split in half lengthwise
- 2 tablespoons olive oil
- kosher salt
- freshly ground black pepper

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 61 grams
3. Fat: 7 grams
4. Fiber: 3 grams
5. Protein: 7 grams
6. SaturatedFat: 1 grams
7. Sodium: 2140 milligrams
8. Sugar: 53 grams

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