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Busy Day Soup

Yield: 6 min Total Time: 90 min

Recipe from: https://www.recipeschoose.com/recipes/cake-recipe-for-father-s-day

Ingredients:

- 1 pound ground beef
- 1 package onion soup mix
- 1 3/4 cups frozen vegetables mixed
- 5 cups water
- 28 ounces diced tomatoes
- 1 cup macaroni uncooked

Nutrition:

Calories: 270 calories
Carbohydrate: 21 grams
Cholesterol: 50 milligrams

4. Fat: 12 grams5. Fiber: 3 grams6. Protein: 19 grams7. Saturated Fat: 4.5 grams

7. SaturatedFat: 4.5 grams8. Sodium: 80 milligrams

9. Sugar: 4 grams10. TransFat: 1 grams

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