

Valentine Smoothie Bowl

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/valentines-recipe-for-kids>

Ingredients:

- smoothie ingredients:
- 1/4 cup almond milk
- raspberries
- red currants
- frozen strawberries
- bananas frozen
- chia seeds
- maca powder
- coconut yogurt
- dragon fruit
- raspberries
- passion fruit
- pomegranate seeds
- coconut flakes
- strawberries
- fresh mint