

Shakeology Chocolate Protein Balls

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/shakeology-holiday-recipe-calendar>

Ingredients:

- 1 packet chocolate or scoop of, Shakeology
- 1 teaspoon pure maple syrup
- 1 teaspoon creamy peanut butter melted
- 2 teaspoons coconut oil melted, organic, non-refined

Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 1 grams
3. Fat: 3 grams
4. SaturatedFat: 2 grams
5. Sodium: 5 milligrams
6. Sugar: 1 grams

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