

Valentine's Day Strawberry Cheesecake Smoothie

Yield: 1 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-valentine-s>

Ingredients:

- 5 5/16 ounces strawberry siggi's 0%, skyr
- 1 cup frozen strawberries
- 1/3 cup milk choice
- 1 tablespoon lemon juice fresh squeezed
- 1 tablespoon cashew butter natural unsweetened
- yogurt optional
- strawberry optional
- graham cracker optional