

Valentine's Day Mini Beet Root Red Velvet Cupcakes

Yield: 48 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/valentine-s-day-red-velvet-cupcakes-recipe>

Ingredients:

- 3/4 cup roots freshly puréed beet, cooked and peeled
- 1/3 cup vegetable oil
- 1 1/4 cups sugar
- 1 1/2 teaspoons vanilla extract
- 1 1/2 cups all purpose flour
- 1 1/2 teaspoons baking powder
- 1 1/2 tablespoons cocoa powder
- 1/4 teaspoon salt
- 3/4 cup milk
- 1/3 cup butter
- 7 ounces cream cheese
- 1/2 teaspoon vanilla extract
- 1 cup confectioner's sugar

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 10 milligrams
4. Fat: 4.5 grams
5. Protein: 1 grams
6. SaturatedFat: 2 grams
7. Sodium: 55 milligrams
8. Sugar: 8 grams

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