

# Baked Ravioli Valentines

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/valentine-s-day-ravioli-recipe>

## Ingredients:

- 1 cup panko or the dried bread crumb of your choice
- 1 teaspoon italian seasoning blend herbs
- 1/2 cup sour cream or plain Greek yogurt, I've used both
- 4 tablespoons milk
- 1 package cheese ravioli refrigerated, I get red and white heart-shaped ones from Costco around Valentine's day, and since that's pret...
- 1 cup tomato sauce slow-roasted, see above, or spaghetti sauce of your choice, warmed

## Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 20 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 300 milligrams
9. Sugar: 8 grams

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