

Homemade Pancake Mix | Valentine's Day Pancakes

Yield: 5 min
Total Time: 11 min

Recipe from: <https://www.recipeschoose.com/recipes/valentine-s-day-breakfast-recipe>

Ingredients:

- 1 cup all-purpose flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup milk
- 1 large egg lightly beaten
- 1 tablespoon canola oil

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 45 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 1 grams
8. Sodium: 500 milligrams
9. Sugar: 3 grams

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