

# Chocolate Filled Peppermint Valentine Heart Cookies

Yield: 30 min  
Total Time: 180 min

Recipe from: <https://www.recipeschoose.com/recipes/valentine-heart-cookies-recipe>

## Ingredients:

- 4 1/2 cups all purpose flour
- 3/4 teaspoon baking soda
- 1/2 teaspoon salt
- 3/4 cup butter
- 3/4 cup vegetable shortening
- 3/4 cup white sugar
- 3/4 cup brown sugar packed
- 2 eggs
- 1/4 cup milk
- 1 1/2 teaspoons peppermint extract
- 1 3/4 cups milk chocolate chips
- 2 tablespoons vegetable shortening
- 1 cup confectioners sugar sifted
- 1 drop peppermint extract or to taste
- 1 drop red food coloring or as needed
- 1/4 teaspoon milk or as needed
- 1/4 cup milk chocolate chips
- 2 teaspoons vegetable shortening

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 25 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 7 grams

8. Sodium: 115 milligrams
  9. Sugar: 19 grams
  10. TransFat: 1 grams
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