

Best Ever Mexican Rice

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/uncle-bens-spicy-mexican-rice-recipe>

Ingredients:

- 1 tablespoon olive oil
- 2 cloves garlic minced
- 1 cup onion diced
- 1 1/2 cups uncle ben 's Rice
- 1 1/2 cups chicken broth
- 15 ounces diced tomatoes petit
- 1 cup water
- 1 cup corn kernels
- 1 cup carrots diced
- 3/4 cup frozen peas
- 1/4 teaspoon chili powder
- 1/4 teaspoon cumin
- salt
- black pepper

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 5 milligrams
4. Fat: 5 grams
5. Fiber: 6 grams
6. Protein: 19 grams
7. SaturatedFat: 1 grams
8. Sodium: 720 milligrams
9. Sugar: 10 grams

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