

# Simple Ube Halaya

Yield: 4 min  
Total Time: 42 min

Recipe from: <https://www.recipeschoose.com/recipes/ube-pie-thanksgiving-recipe>

## Ingredients:

- 1 pound purple yam grated
- 2 cups coconut milk
- 3/4 cup granulated white sugar
- 1 teaspoon cooking oil

## Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 77 grams
3. Fat: 30 grams
4. Fiber: 7 grams
5. Protein: 5 grams
6. SaturatedFat: 25 grams
7. Sodium: 30 milligrams
8. Sugar: 43 grams

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