

My Special Shrimp Scampi Florentine

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/two-guys-from-italy-scampi-florentine-recipe>

Ingredients:

- 1/3 cup butter
- 1/3 cup olive oil
- 2 tablespoons basil pesto prepared, such as Classico™
- 3 cloves garlic minced
- 2 plum tomatoes large, seeded and diced
- 1/4 teaspoon red pepper flakes or to taste
- black pepper to taste
- 1 pound large shrimp peeled and deveined
- 2 cups fresh spinach rinsed and stemmed

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 40 milligrams
4. Fat: 33 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 12 grams
8. Sodium: 125 milligrams
9. Sugar: 1 grams

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