

# Hot Artichoke Dip and TV

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-tv-scandinavia>

## Ingredients:

- 14 ounces artichoke hearts in water
- 3/4 cup mayo
- 3/4 cup shredded Parmesan cheese
- 2 teaspoons garlic powder
- 1 sour dough large, loaf

## Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 102 grams
3. Cholesterol: 20 milligrams
4. Fat: 21 grams
5. Fiber: 12 grams
6. Protein: 26 grams
7. SaturatedFat: 5 grams
8. Sodium: 1530 milligrams
9. Sugar: 8 grams

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