

Cuban Green Soup

Yield: 8 min
Total Time: 31 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-turnip-green-soup-recipe>

Ingredients:

- 2 ounces salt pork diced
- 1 onion large, chopped
- 75 ounces navy beans with juice
- 20 ounces turnip greens frozen, with turnip pieces

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 5 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 21 grams
7. SaturatedFat: 2 grams
8. Sodium: 170 milligrams
9. Sugar: 1 grams

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