

# Turkish Zucchini Fritters

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-zucchini-pate-recipe>

## Ingredients:

- 3 zucchini courgettes, coarsely grated
- sea salt a sprinkle of
- 1 onion finely diced
- 4 handfuls flat leaf parsley chopped
- 1 handful dill chopped
- 3 tablespoons plain flour
- 2 eggs lightly beaten
- salt
- freshly ground pepper
- 1 cup canola oil or sunflower

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 105 milligrams
4. Fat: 61 grams
5. Fiber: 4 grams
6. Protein: 7 grams
7. SaturatedFat: 5 grams
8. Sodium: 450 milligrams
9. Sugar: 6 grams

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