

# Zaatar Spice

Yield: 4 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-zaatar-recipe>

## Ingredients:

- zaatar spice Recipe:
- 1 tablespoon thyme
- 1 tablespoon oregano
- 1 tablespoon marjoram
- 1 tablespoon cumin
- 1 tablespoon coriander
- 1 tablespoon sesame seeds
- 1 tablespoon sumac
- 1/2 teaspoon salt

## Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 2 grams
3. Fat: 1.5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. Sodium: 300 milligrams

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