

Turkish Yogurt Soup

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-yal-recipe>

Ingredients:

- 4 cups water
- 1 cup yogurt
- 1 yolk
- 1 tablespoon flour
- 1/4 cup rice
- 1/2 teaspoon salt
- 2 tablespoons butter
- 1 tablespoon dried mint

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 75 milligrams
4. Fat: 8 grams
5. Protein: 3 grams
6. SaturatedFat: 5 grams
7. Sodium: 370 milligrams
8. Sugar: 2 grams

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