

Vegetarian Lettuce Wraps

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-wraps-recipe-kebab-vegetarian>

Ingredients:

- 3 tablespoons hoisin sauce
- 3 tablespoons reduced sodium soy sauce
- 2 tablespoons rice vinegar
- 1 teaspoon sesame oil
- 2 teaspoons canola oil or grapeseed oil
- 1 package extra firm tofu 12- to 14-ounces, do not use silken
- 8 ounces cremini mushrooms baby bella, finely chopped
- 1 can water chestnuts 8 ounces, drained and finely chopped
- 2 cloves garlic minced
- 2 teaspoons ginger freshly grated
- 1/4 teaspoon red pepper flakes omit if sensitive to spice
- 4 green onions thinly sliced, divided
- 8 romaine large inner leaves, lettuce from a romaine heart or butter lettuce leaves
- grated carrots optional
- red pepper flakes optional