

# 5-Minute Buffalo Chicken Wrap

Yield: 4 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-wrap-recipe>

## Ingredients:

- 6 chicken tenders
- 1/2 cup buffalo sauce
- 4 flour tortillas
- 1/4 cup blue cheese Chunky
- 1/4 cup shredded lettuce
- shredded cheddar cheese

## Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 230 milligrams
4. Fat: 18 grams
5. Fiber: 1 grams
6. Protein: 78 grams
7. SaturatedFat: 7 grams
8. Sodium: 1570 milligrams
9. Sugar: 1 grams

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