

Turkish Eggs

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-wggs-recipe>

Ingredients:

- 3/4 cup plain greek yogurt 6 ounces
- 1 teaspoon garlic minced
- 1 teaspoon fresh dill chopped
- 3 tablespoons butter
- 1/2 teaspoon aleppo pepper
- 1/4 teaspoon paprika
- 4 eggs poached
- salt
- pepper
- crusty bread toasted

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 470 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 14 grams
7. SaturatedFat: 14 grams
8. Sodium: 650 milligrams
9. Sugar: 1 grams

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