

# Wet Burritos

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-vegetables-buritos-recipe-for-gujarati>

## Ingredients:

- 1 medium onion diced
- 1 1/2 pounds ground beef
- 1/4 teaspoon salt
- 2 tablespoons taco seasoning
- 15 ounces refried beans
- 1/2 cup salsa your favorite
- 1/2 cup sour cream
- 1 cup red enchilada sauce
- 3 cups shredded sharp cheddar cheese freshly, divided
- 6 flour tortillas 12-inch, burrito size tortillas
- olives optional
- green onions optional
- avocado optional
- cilantro optional

## Nutrition:

1. Calories: 1150 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 220 milligrams
4. Fat: 69 grams
5. Fiber: 12 grams
6. Protein: 68 grams
7. SaturatedFat: 33 grams
8. Sodium: 2590 milligrams
9. Sugar: 10 grams
10. TransFat: 1.5 grams

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