

Apple Walnut Salad

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-walnut-salad-recipe>

Ingredients:

- 2 cups spinach
- 1 Granny Smith apple sliced thinly
- 1 cup walnuts
- 1/2 cup cheese crumbles bleu
- 1 vinaigrette recipe [bacon, |<http://addapinch.com/cooking/2012/08/30/bacon-vinaigrette-recipe/>]

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 15 milligrams
4. Fat: 25 grams
5. Fiber: 3 grams
6. Protein: 9 grams
7. SaturatedFat: 5 grams
8. Sodium: 100 milligrams
9. Sugar: 6 grams

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