

Unleavened Bread (Matzah)

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-unleavened-bread-jewish>

Ingredients:

- 2 cups flour
- 1 cup cold water
- 1/2 teaspoon salt

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 48 grams
3. Fat: 0.5 grams
4. Fiber: 2 grams
5. Protein: 6 grams
6. Sodium: 300 milligrams

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