

About chilli peppers and Homemade roasted chilli sauce

Yield: 1 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-tomato-chilli-sauce-recipe>

Ingredients:

- 1 tomatoes kilo of red ripe, washed, peeled*, and roughly chopped
- 1 sweet pepper
- 8 garlic cloves finely minced
- 2 red onions large, finely minced
- 3 red chili peppers Fresno
- 3 thyme fresh sprigs of
- salt to taste

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 41 grams
3. Fiber: 9 grams
4. Protein: 6 grams
5. Sodium: 800 milligrams
6. Sugar: 17 grams

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