

# Japanese Mushroom Flatbread

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-flatbread-recipe>

## Ingredients:

- 1 teaspoon olive oil
- 2 cups brown beech mushrooms Japanese, or other Asian mushrooms like fresh shiitake
- 1/2 onion small, very thinly sliced
- 1 piece flatbread naan, about 8x14 inches
- 2 tablespoons basil pesto sauce prepared
- 1/2 cup shredded mozzarella cheese
- 1 tablespoon grated Parmesan cheese
- 4 fresh basil leaves chiffonade

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 10 milligrams
4. Fat: 4.5 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 2 grams
8. Sodium: 115 milligrams
9. Sugar: 2 grams

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