

# Stuffed Mushrooms

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/stuffed-pizza-recipe-india>

## Ingredients:

- 24 mushrooms cleaned
- 24 mushroom stems chopped
- 1 pound breakfast sausage pork
- 1/2 cup panko bread crumbs
- 1 tablespoon sherry
- 2 cups shredded mozzarella cheese
- 1/2 cup shredded Parmesan cheese

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 50 milligrams
4. Fat: 15 grams
5. Fiber: 3 grams
6. Protein: 25 grams
7. SaturatedFat: 9 grams
8. Sodium: 560 milligrams
9. Sugar: 7 grams

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