

Charred Pineapple Chicken and Steak Kebab

Yield: 6 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-steak-kebab-recipe>

Ingredients:

- 3 chicken breasts cut into 1-inch cubes
- 3 steaks cut into 1-inch cubes
- 1 pineapple large, cut into 1-inch chunks
- 4 bell peppers cut into 1-inch chunks
- 1 pound button mushrooms
- relish Harry & David® Charred Pineapple

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 75 milligrams
4. Fat: 3.5 grams
5. Fiber: 4 grams
6. Protein: 28 grams
7. SaturatedFat: 1 grams
8. Sodium: 190 milligrams
9. Sugar: 20 grams

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