

# Brennan's Turtle Soup

Yield: 7 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-turtle-recipe>

## Ingredients:

- 1 1/2 pounds meat boneless turtle, or boneless veal shoulder, cut into 2" pieces
- 2 bay leaves
- 8 tablespoons unsalted butter
- 4 cloves garlic finely chopped
- 2 stalks celery finely chopped
- 1 yellow onion small, minced
- 1 green bell pepper minced
- 1/4 cup tomato paste
- 2 1/2 tablespoons worcestershire sauce
- 1/2 teaspoon paprika
- kosher salt
- ground black pepper
- 1 cup flour
- 1/4 cup chopped parsley finely
- 3/4 cup dry sherry
- 2 hard boiled eggs chopped
- 1/2 lemon thinly sliced

## Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 165 milligrams
4. Fat: 38 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 18 grams
8. Sodium: 490 milligrams
9. Sugar: 4 grams

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