

Simit (Turkish sesame bagel)

Yield: 4 min
Total Time: 135 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-sesame-bagel-simit-recipe>

Ingredients:

- 2 cups all-purpose flour
- 2/3 cup warm water more or less depending on your flour.
- 1 teaspoon yeast
- 1 teaspoon salt

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 48 grams
3. Fat: 0.5 grams
4. Fiber: 2 grams
5. Protein: 7 grams
6. Sodium: 590 milligrams

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