

# Homemade Granola

Yield: 10 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-walnut-cookies-recipe>

## Ingredients:

- 2 1/2 cups old-fashioned rolled oats
- 1/2 cup unsalted almonds sliced
- 1/2 cup unsalted pecans coarsely chopped
- 1/2 cup walnuts coarsely chopped unsalted
- 1/2 cup unsalted sunflower seeds
- 2 tablespoons sesame seeds
- 1/2 cup toasted wheat germ
- 1 cup shredded sweetened coconut
- 1/2 teaspoon cinnamon
- 1/8 teaspoon salt
- 1/2 cup vegetable oil
- 1/2 cup honey
- 1 cup dried fruits such as cranberries, raisins, cherries, chopped apricots, currants, etc.

## Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 57 grams
3. Fat: 32 grams
4. Fiber: 8 grams
5. Protein: 10 grams
6. SaturatedFat: 7 grams
7. Sodium: 40 milligrams
8. Sugar: 30 grams

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