

Vegetarian Turkish Pide (Flatbread)

Yield: 6 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-pide-filling-recipe-vegetarian>

Ingredients:

- 28 ounces tomatoes whole
- olive oil
- 1 large eggplant about 1 pound, 1/2-inch dice
- salt
- pepper
- 1 red bell pepper large, 1/2-inch dice
- 6 cloves garlic minced
- 1 teaspoon hot smoked paprika
- 1 teaspoon red chile flakes more or less to taste
- 1/4 cup chopped parsley
- 6 ounces crumbled feta
- 3 cups bread flour
- 1 teaspoon sugar
- 1/2 teaspoon instant yeast
- 1 1/3 cups ice cold water
- 1 tablespoon olive oil
- 1 1/2 teaspoons salt

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 66 grams
3. Cholesterol: 25 milligrams
4. Fat: 13 grams
5. Fiber: 7 grams
6. Protein: 15 grams
7. SaturatedFat: 5 grams
8. Sodium: 1050 milligrams

9. Sugar: 9 grams

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