

Parsley And Lemon Pesto

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-parsley-dip-recipe>

Ingredients:

- 1/2 bunch parsley either flat-leaf or curly
- 1/2 garlic clove peeled
- 1/4 cup bread crumbs stale
- 1 2/3 tablespoons lemon juice
- 2/3 cup olive oil
- 1 grated lemon zest level teaspoon finely
- 1 pinch salt
- black pepper optional

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 6 grams
3. Fat: 36 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 5 grams
7. Sodium: 115 milligrams

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