

Turkish Rice Pilaf with Orzo

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-rice-recipe-video>

Ingredients:

- 1 cup long-grain white rice
- 3 tablespoons olive oil
- 1/4 cup orzo
- 1 teaspoon lemon juice
- 1 teaspoon salt
- 1 3/4 cups water
- parsley for garnish, optional

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 46 grams
3. Fat: 11 grams
4. Fiber: 1 grams
5. Protein: 5 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 600 milligrams

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