

# Moroccan Mint Tea

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-mint-tea-recipe>

## Ingredients:

- 1 tablespoon green tea gunpowder
- 2 tablespoons sugar adjust to taste; add more if you like very sweet
- 1 handful mint
- 5 cups boiling water

## Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 6 grams
3. Sodium: 15 milligrams
4. Sugar: 6 grams

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