

# K?ymal? börek (Turkish style minced meat pasty)

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-minced-meat-kebab-recipe>

## Ingredients:

- 500 grams minced meat you can use beef or lamb
- 2 onions finely chopped
- 2 stalks leek finely chopped
- pepper
- salt
- 1 teaspoon cumin powder
- 1 tablespoon butter
- 2 medium eggs
- 1 cup milk
- 3/4 cup yogurt
- 1/2 cup oil
- 1 pinch salt and pepper

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 205 milligrams
4. Fat: 49 grams
5. Fiber: 2 grams
6. Protein: 33 grams
7. SaturatedFat: 11 grams
8. Sodium: 470 milligrams
9. Sugar: 8 grams
10. TransFat: 1.5 grams

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