

# Turkish Meatball and Potato Casserole

Yield: 7 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-meatball-recipe>

## Ingredients:

- 1 pound ground beef lean
- 1 onion
- 1 egg
- 4 slices white bread stale, crusts removed
- 1/4 parsley Italian variety, leaves chopped
- 1 1/2 teaspoons salt
- 1/2 teaspoon black pepper
- 1/2 teaspoon cumin
- 4 large potatoes
- 4 peppers Hungarian
- 1 bell pepper green
- 2 tomatoes
- 1 bell pepper
- 1 tablespoon tomato paste
- 2 tomatoes grated
- 1 cup hot water
- 1/2 teaspoon salt
- 2 cups cooking oil for frying

## Nutrition:

1. Calories: 930 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 75 milligrams
4. Fat: 73 grams
5. Fiber: 6 grams
6. Protein: 20 grams
7. SaturatedFat: 9 grams

8. Sodium: 860 milligrams
  9. Sugar: 6 grams
  10. TransFat: 0.5 grams
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