

# Easy Turkish Red Lentil Soup

Yield: 2 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-lentil-and-tomato-soup-recipe>

## Ingredients:

- 7 ounces lentils Red Split, aka Masoor dal lentils or 7 oz or 1 cup
- 2 tablespoons olive oil
- 1 onion slices
- 2 cloves garlic
- 1 tomato cut small
- 1 carrot cut small
- 1 teaspoon paprika
- 1/2 teaspoon cumin
- 1 tablespoon tomato paste
- 3 cups water mixed with concentrated Stock
- 1 tablespoon lemon juice
- 1/4 teaspoon black pepper
- salt to taste
- olive oil
- red pepper flakes