

Colcannon

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/diane-s-colcannon-recipes>

Ingredients:

- 2 1/2 pounds russet potatoes peeled and quartered
- freshly ground pepper
- salt
- 8 tablespoons unsalted butter
- 3/4 cup milk
- 4 bacon slices cut into 1/2-inch dice
- 4 shallots large, thinly sliced
- 1 leek large, white and light green portions
- 1 bunch curly kale about 3/4 lb., stemmed and
- 1 head napa cabbage about 1 lb., cored
- 1/8 teaspoon mace
- grated nutmeg

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 35 milligrams
4. Fat: 15 grams
5. Fiber: 5 grams
6. Protein: 9 grams
7. SaturatedFat: 8 grams
8. Sodium: 200 milligrams
9. Sugar: 5 grams

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