

# Aussie Party Lamb Meatballs

Yield: 4 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-lamb-meatball-recipe>

## Ingredients:

- 1 pound lamb ground, grassfed and/or organic
- 1/2 cup onion French
- 1/2 cup Parmesan grated
- 2 eggs beaten
- 1 1/2 teaspoons herb seasoning Garlic, Mixture, WalMart organic brand
- 1 teaspoon dried mint
- 1 teaspoon sea salt
- 1/2 teaspoon dried rosemary
- 1/2 teaspoon red chili flakes
- 3/4 cup bread crumbs
- 1/2 cup parsley flat, fresh, packed and finely chopped
- 1/4 cup extra-virgin olive oil
- 28 ounces peeled tomatoes Cento San Marzano, + 1 cup water
- 1/2 cup shaved Parmesan
- meatballs SIDE DISH to serve with
- 5 cups greens fresh, mixture of arugula, spinach, baby kale, etc.
- 1/4 cup extra-virgin olive oil
- 29 ounces garbanzo beans drained
- 2 teaspoons harissa
- 1 teaspoon ground cumin
- 1/2 teaspoon salt