

Lamb Gyro

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-lamb-gyro-recipe>

Ingredients:

- 6 pita bread pockets, sliced in half
- hummus or muhammara spread
- 2 cucumbers sliced thin
- 3 handfuls arugula
- 1 pound ground lamb
- 1 teaspoon garlic
- 3 cloves
- 1/4 cup white onion chopped
- 1 tablespoon fresh oregano chopped, or 1/2 tablespoon dried
- 1 teaspoon cumin
- 1/4 teaspoon coriander
- 3/4 teaspoon salt
- 1 tablespoon oil

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 55 milligrams
4. Fat: 22 grams
5. Fiber: 6 grams
6. Protein: 20 grams
7. SaturatedFat: 8 grams
8. Sodium: 660 milligrams
9. Sugar: 3 grams

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