

Grilled Turkish Kofta Kebabs

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-kufta-recipe>

Ingredients:

- bamboo You will need long 6 skewers, preferably flat, 12 inches or more or 12 shorter ones. If you use, skewers, soak them in water fi...
- 1 1/4 cups plain greek yogurt
- 1 tablespoon lemon juice
- 1 garlic clove small, pressed or finely minced
- 1 1/2 tablespoons olive oil
- 1 tablespoon sumac plus more for the meat and vegetables
- 1/2 teaspoon salt
- 2 pounds ground lamb or beef
- 1 small yellow onion peeled and grated, blotted with towel to soak up excess liquid
- 1 bunch flat leaf parsley just the leaves, divided
- 3 tablespoons pepper Urfa
- 1 tablespoon sumac divided
- 1 1/2 teaspoons kosher salt
- 2 tomatoes ripe, sliced in half through the core, each half sliced thinly
- 1 English cucumber washed and thinly sliced, crosswise
- 1 red onion peeled, slivered, soaked in cold water for 10 minutes, drained
- parsley leaves about 1 1/2 cups or whatever's left of the bunch
- 18 romaine lettuce leaves depending on size, washed
- 6 pitas sliced in half, warmed