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## Shredded Red Cabbage – Turkish Kebab Salad

Yield: 6 min Total Time: 35 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/turkish-kebab-salad-recipe">https://www.recipeschoose.com/recipes/turkish-kebab-salad-recipe</a>

## **Ingredients:**

- 1/2 head red cabbage
- 3 tablespoons olive oil mild or light Do not use extra virgin/ virgin it will be too strong
- 1 large lemon freshly squeeze, should be about 3 tbsp
- 1 teaspoon salt
- 1 teaspoon sugar add more/less to taste

## **Nutrition:**

Calories: 90 calories
Carbohydrate: 8 grams

3. Fat: 7 grams4. Fiber: 2 grams5. Protein: 1 grams

6. SaturatedFat: 1 grams7. Sodium: 410 milligrams

8. Sugar: 3 grams

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