

Kabob Marinade

Yield: 3 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-chicken-kabob-marinade-recipe>

Ingredients:

- 1 cup vegetable oil
- 3/4 cup soy sauce
- 1/2 cup lemon juice
- 1/4 cup worcestershire sauce
- 1/4 cup prepared mustard
- 1 1/2 teaspoons cracked black pepper coarsely
- 2 cloves garlic minced
- 1 teaspoon meat tenderizer optional

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 15 grams
3. Fat: 73 grams
4. Fiber: 1 grams
5. Protein: 5 grams
6. SaturatedFat: 5 grams
7. Sodium: 4050 milligrams
8. Sugar: 5 grams
9. TransFat: 2 grams

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